



TOM

Keep your Mac awake — and looking busy.

User Manual · Version 1.0

Contents

1	What TOM does	3
2	Installation	3
3	Granting the Accessibility permission	4
4	The four functions	4
5	Safety	7
6	Menu bar icon	7
7	Uninstalling	7

1 What TOM does

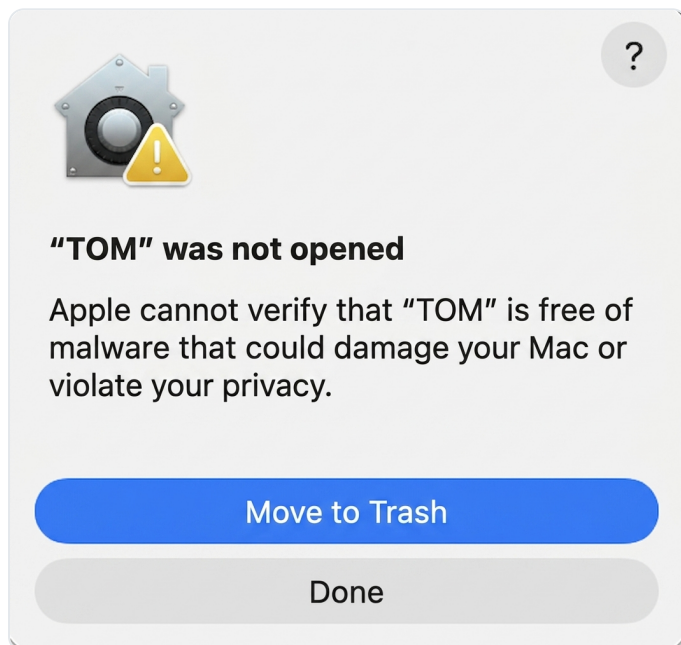
TOM is a small, free, open-source menu bar and window app for macOS with four independent functions. This manual covers the parts that are not obvious from the app itself: installing an app that is not notarized by Apple, and granting the permission the simulation features need. The app's own window explains everything else as you go.

2 Installation

Download the latest release, unzip it, and move **TOM.app** to your Applications folder.

First launch: the security warning

TOM is signed locally but not notarized by Apple (notarization requires a paid developer account). The first time you open it, macOS blocks it and shows a warning like this one:



Click **Done** — do not move it to the Trash. Then open **System Settings → Privacy & Security** and scroll down to the Security section. You'll find a message about TOM there, with an **Open Anyway** button next to it:

Security

Allow applications from

App Store & Known Developers



"TOM" was blocked to protect your Mac.

Open Anyway

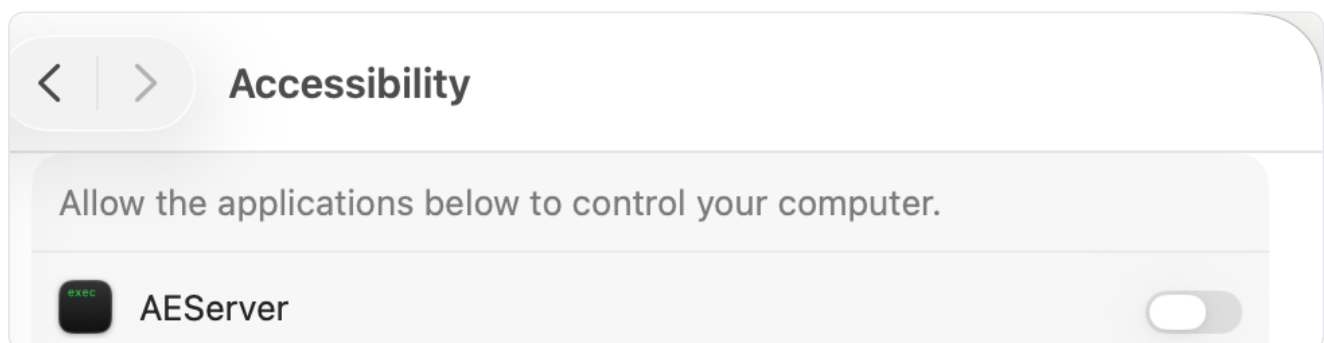
Apple could not verify "TOM" is free of malware that may harm your Mac or compromise your privacy.

System Settings → Privacy & Security → Security

Click **Open Anyway**, confirm with your password or Touch ID, and TOM starts. You only need to do this once per downloaded copy of the app.

3 Granting the Accessibility permission

Keeping the Mac awake needs no special permission. The other three functions — simulating a key press, mouse movement, or a mouse click — do, because they send input events at the system level. TOM asks for this the first time you switch one of them on, and links directly to the right place:



System Settings → Privacy & Security → Accessibility. TOM appears in this list once it has asked for permission at least once.

Find **TOM** in the list and turn its switch on.

Good to know: TOM is signed locally, not with a stable developer certificate. That means the permission can reset itself when you install a new version — if a simulation feature suddenly refuses to start after an update, open Accessibility settings, toggle TOM's switch off and back on, and try again.

4 The four functions

Keep Mac Awake

Keep Mac Awake

Active

☐

Prevents the system from going to sleep.

One switch. While on, the display and the system won't go to sleep due to inactivity — independent of your Energy Saver settings. No permission required.

Simulate Key Press

Simulate Key Press

Active

☐

Key

T

Interval

Seconds

Sends a real key press at the interval you set (1–600 seconds). The key list follows your keyboard layout, so the letters shown match what's printed on your keys. After switching on, TOM waits 5 seconds before the first press so you can bring the target window to the front.

Simulate Mouse Movement

Simulate Mouse Movement

Active

☐

Interval

30

↑

↓

Seconds

Nudges the pointer one pixel and immediately back, at the interval you set. No click, no visible movement — just enough for the system to register activity.

Simulate Mouse Click

Simulate Mouse Click

Active

☐

Mouse Button

Left

Right

Interval

30

↑

↓

Seconds

Clicks happen wherever the pointer is. ^_⌘K stops mouse click and mouse movement immediately, at any time.

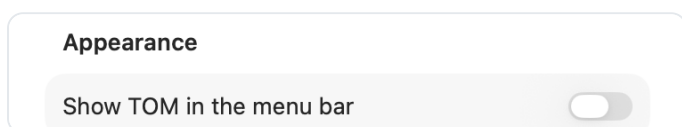
Clicks the left or right mouse button wherever the pointer currently is, at an interval down to 0.1 seconds. Also starts with a 5-second countdown, and switches itself off automatically after 8 hours.

5 Safety

Emergency stop: `^⌥⌘K` — stops mouse click and mouse movement immediately, from any app, at any time. It's shown in TOM's window whenever one of the two is running.

- Mouse movement and mouse click cannot run at the same time — switching one on turns the other off.
- Neither mouse function remembers being switched on across a restart. You always start them manually.

6 Menu bar icon



Appearance section, in TOM's own window

TOM always has a Dock icon. The menu bar icon is optional and off by default — switch it on for one-click access to the same window from wherever you are:



TOM's icon, once switched on

7 Uninstalling

Quit TOM, then move TOM.app from your Applications folder to the Trash. To also remove its saved settings, run this in Terminal:

```
defaults delete com.neonrost.TOM
```

TOM — Copyright © 2026 NeonRost. Free software under the GNU General Public License v3. See LICENSE in the source repository for details.

Mac® is a registered trademark of Apple Inc.